



5. Escha Nordicday

58553 Halver, Waldfreibad Herpine / 24.04.2010

□□□□

Gadau, Conny

□□□: 58:48

□□: Hohe Ward Gazellen/TuS-Hiltrup

□□: 7.14 km/h

□□: 7027

□□□□□□: 269

□□: 7.25 km

□□□□: 11.04

Walking

□□□□: 83 □