



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

□□□□

Günther, Niklas

□□□: 1:07:41

□□: SC Hohegeiß

□□: 106

□□: 26.40 km

GeißMan (Jedermannrennen) 4.5-19-3.0 km

□□□□□/□□□: 4 (of 36)

□□□□□/□: 4 (of 31)

□□□□□□: 1:01:44

□□□□:

□□□□□: 3(of 10)

AK 1 männlich (20-29 Jahre)

□□□□□□□: 1:04:07

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	1.50	4:38	3:05	1	-	1	-	1.50	4:38	3:05	3	-	-	26
□□ 2	1.50	5:35	3:43	3	0:22	6	0:31	3.00	10:13	3:24	3	0:12	-	26
□□□ Rad	1.50	6:16	4:10	3	0:27	6	0:28	4.50	16:29	3:39	3	0:33	-	26
□□ 1	6.30	12:44	2:01	3	0:29	6	5:35	10.80	29:13	2:42	3	0:42	-	26
□□ 2	6.30	12:08	1:55	2	0:15	6	4:59	17.10	41:21	2:25	3	0:38	-	26
□□□ Rad	6.30	12:47	2:01	3	0:31	9	6:15	23.40	54:08	2:18	3	0:58	-	26
□□ 1	1.50	7:16	4:50	5	6:52	16	6:52	24.90	1:01:24	2:27	3	2:39	-	26
□□□ Lauf	1.50	6:17	4:11	3	0:55	5	0:55	26.40	1:07:41	2:33	3	3:34	6	31:30