



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

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Wienbreier, Daniel

□□□: 2:06:11

□□: VFL Wolfsburg

□□: 180

□□: 55.00 km

HarzMan (10-40-5 km)

□□□□□/□□□: 1 (of 25)

□□□□□/□: 1 (of 22)

□□□□□□: 2:06:11

□□□□:

AK 2 männlich (30-39 Jahre)

□□□□□: 1(of 5)

□□□□□□□: 2:06:11

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	2.50	8:06	3:14	1	-	1	-	2.50	8:06	3:14	1	-	12	
□□ 2	2.50	8:13	3:17	1	-	1	-	5.00	16:19	3:15	1	-	12	
□□ 3	2.50	8:14	3:17	1	-	1	-	7.50	24:33	3:16	1	-	12	
□□□ Rad	2.50	8:48	3:31	1	-	1	-	10.00	33:21	3:20	1	-	12	
□□ 1	10.00	18:35	1:51	1	-	4	18:14	20.00	51:56	2:35	1	-	12	
□□ 2	10.00	18:21	1:50	1	-	1	-	30.00	1:10:17	2:20	1	-	12	
□□ 3	10.00	18:51	1:53	1	-	1	-	40.00	1:29:08	2:13	1	-	12	
□□□ Rad	10.00	19:22	1:56	1	-	1	-	50.00	1:48:30	2:10	1	-	12	
□□ 1	2.50	8:26	3:22	1	-	1	-	52.50	1:56:56	2:13	1	-	12	
□□□ Lauf	2.50	9:15	3:42	2	0:09	3	0:21	55.00	2:06:11	2:17	1	-	1	-