



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

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Krauel-Kaufmann, Marion

□□□: 3:05:28

□□: LTV Obereichsfeld

□□: 158

□□: 55.00 km

HarzMan (10-40-5 km)

□□□□□/□□□: 23 (of 25)

□□□□□/□: 2 (of 3)

□□□□□□: 2:27:28

□□□□:

AK 3 weiblich (40-49 Jahre)

□□□□□: 1(of 1)

□□□□□□□: 3:05:28

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	2.50	10:23	4:09	1	-	2	1:24	2.50	10:23	4:09	1	-	3	1:24
□□ 2	2.50	10:57	4:22	1	-	2	1:46	5.00	21:20	4:15	1	-	3	3:10
□□ 3	2.50	11:09	4:27	1	-	3	1:57	7.50	32:29	4:19	1	-	3	5:07
□□□ Rad	2.50	12:35	5:01	1	-	2	2:29	10.00	45:04	4:30	1	-	2	7:36
□□ 1	10.00	26:58	2:41	1	-	2	4:14	20.00	1:12:02	3:36	1	-	2	11:50
□□ 2	10.00	28:05	2:48	1	-	2	5:50	30.00	1:40:07	3:20	1	-	2	17:40
□□ 3	10.00	28:33	2:51	1	-	2	6:27	40.00	2:08:40	3:12	1	-	2	24:07
□□□ Rad	10.00	31:05	3:06	1	-	2	7:35	50.00	2:39:45	3:11	1	-	2	31:42
□□ 1	2.50	13:03	5:13	1	-	2	12:41	52.50	2:52:48	3:17	1	-	2	44:23
□□□ Lauf	2.50	12:40	5:03	1	-	1	-	55.00	3:05:28	3:22	1	-	2	38:00