



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

□□□□

Laska, Frank

□□□: 23:13:44

□□: Bamberg

□□: 4.26 km/h

□□: 88

□□: 99.50 km

□□□□□□: 2339

□□□□: 134.09

100 km Langstreckenwanderung

□□□□: 576 □

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□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	18:02	00:00	00:00
Zöllnitz/Festwiese	22.6	22.6	22:01	03:58	03:58
Ammerbach/Festwiese	46.2	23.6	02:57	08:55	04:56
Rosental	68.0	21.8	07:44	13:41	04:46
Kunitz	70.0	2.0	08:30	14:27	00:45
Steinkreuz	84.9	14.9	13:27	19:24	04:57
Fürstenbrunnen	94.2	9.3	15:48	21:45	02:21
USZ	99.5	5.3	17:16	23:13	01:28