



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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Lehnigk, Jörg

□□: Team Lady Lyn - Ratzeburger Ruderclub
 □□: 328

□□: 77.80 km
 Marathon Mitteldistanz

□□□□:
 Herren

□□□: 3:40:08

□□: 20.99 km/h

□□□□□/□□□: 26 (of 160)

□□□□□/□: 26 (of 154)

□□□□□□: 3:00:41

□□□□□: 23(of 85)

□□□□□□□: 3:00:41

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	12.30	33:22	21.58	38	7:07	58	7:07	12.30	33:22	21.58	62			40
□□ 2	13.40	35:05	22.23	34	6:03	46	6:03	25.70	1:08:27	21.91	62			40
□□ 3	25.50	1:12:29	20.69	22	33:09	24	33:09	51.20	2:20:56	21.71	71		27	24:26
□□ 4	13.40	35:58	21.69	18	5:49	20	5:49	64.60	2:56:54	21.71	70		26	30:15
□□□ □□	13.20	43:14	18.04	19	11:34	22	11:34	77.80	3:40:08	20.99	35	1:58:44	46	1:58:44