



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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Ludwigs, Jens

□□: ATB Sport

□□: 490

□□: 77.80 km

Marathon Mitteldistanz

□□□□:

Senioren

□□□: 3:40:10

□□: 21.20 km/h

□□□□□/□□□: 27 (of 160)

□□□□□/□: 27 (of 154)

□□□□□□: 3:00:41

□□□□□: 4(of 69)

□□□□□□□: 3:27:16

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	12.30	31:36	23.35	6	4:15	35	5:21	12.30	31:36	23.35	42			41
□□ 2	13.40	33:57	23.68	4	2:19	30	4:55	25.70	1:05:33	23.52	42			41
□□ 3	25.50	1:15:26	20.28	5	7:13	34	36:06	51.20	2:20:59	21.79	34			28 24:29
□□ 4	13.40	36:19	22.14	3	2:58	23	6:10	64.60	2:57:18	21.86	34			27 30:39
□□□ □□	13.20	42:52	18.48	3	2:31	19	11:12	77.80	3:40:10	21.20	12	1:56:04	47	1:58:46