



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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cabak, guido

□□: Wernigerode

□□: 487

□□: 77.80 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 3:45:00

□□: 20.75 km/h

□□□□□/□□□: 34 (of 160)

□□□□□/□: 34 (of 154)

□□□□□□: 3:00:41

□□□□□: 28(of 85)

□□□□□□□: 3:00:41

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.30	31:41	23.29	30	5:26	38	5:26	12.30	31:41	23.29	67		48	
□□ 2	13.40	33:54	23.72	25	4:52	28	4:52	25.70	1:05:35	23.51	67		48	
□□ 3	25.50	1:16:10	20.09	30	36:50	35	36:50	51.20	2:21:45	21.67	57		35	25:15
□□ 4	13.40	37:52	21.23	26	7:43	33	7:43	64.60	2:59:37	21.58	56		34	32:58
□□□ □□	13.20	45:23	17.45	30	13:43	44	13:43	77.80	3:45:00	20.75	40	2:03:36	54	2:03:36