



# 11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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**Nadolny, Maik**

□□: RSV Werner Otto

□□: 476

□□: 77.80 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 3:57:42

□□: 19.64 km/h

□□□□□/□□□: 58 (of 160)

□□□□□/□: 58 (of 154)

□□□□□□: 3:00:41

□□□□□: 38(of 85)

□□□□□□□: 3:00:41

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	12.30	32:24	22.78	36	6:09	50	6:09	12.30	32:24	22.78	17			72
□□ 2	13.40	37:03	21.70	49	8:01	74	8:01	25.70	1:09:27	22.20	17			72
□□ 3	25.50	1:20:54	18.91	39	41:34	58	41:34	51.20	2:30:21	20.43	19			59 33:51
□□ 4	13.40	39:34	20.32	37	9:25	54	9:25	64.60	3:09:55	20.41	19			58 43:16
□□□ □□	13.20	47:47	16.57	40	16:07	62	16:07	77.80	3:57:42	19.64	50	2:16:18	78	2:16:18