



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

□□□□

Adolf, Sebastian

□□: RSV Werner Otto

□□: 408

□□: 77.80 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 4:04:55

□□: 19.06 km/h

□□□□□/□□□: 69 (of 160)

□□□□□/□: 67 (of 154)

□□□□□□: 3:00:41

□□□□□: 45(of 85)

□□□□□□□: 3:00:41

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	12.30	33:30	22.03	40	7:15	60	7:15	12.30	33:30	22.03	10		81	
□□ 2	13.40	35:06	22.91	35	6:04	48	6:04	25.70	1:08:36	22.48	10		81	
□□ 3	25.50	1:23:56	18.23	49	44:36	73	44:36	51.20	2:32:32	20.14	12		68	36:02
□□ 4	13.40	42:05	19.10	51	11:56	77	11:56	64.60	3:14:37	19.92	12	0:02	67	47:58
□□□ □□	13.20	50:18	15.75	52	18:38	81	18:38	77.80	4:04:55	19.06	57	2:23:31	87	2:23:31