



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

0000

Köhler, Roland

00: Rc Endspurt Herford
00: 337

00: 77.80 km
Marathon Mitteldistanz

0000:
Senioren

000: 4:08:22

00: 18.79 km/h

00000/000: 76 (of 160)

00000/0: 74 (of 154)

000000: 3:00:41

00000: 27(of 69)

0000000: 3:27:16

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	12.30	34:02	21.68	25	6:41	71	7:47	12.30	34:02	21.68	66	0:24	87	
00 2	13.40	33:33	23.96	3	1:55	24	4:31	25.70	1:07:35	22.82	11		88	
00 3	25.50	1:25:18	17.94	27	17:05	80	45:58	51.20	2:32:53	20.09	57		75	36:23
00 4	13.40	44:35	18.03	37	11:14	100	14:26	64.60	3:17:28	19.63	57		74	50:49
000 00	13.20	50:54	15.56	31	10:33	84	19:14	77.80	4:08:22	18.79	36	2:24:16	95	2:26:58