



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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Müller, Rüdiger

□□: Hamburg
 □□: 506

□□: 77.80 km
 Marathon Mitteldistanz

□□□□:
 Senioren

□□□: 4:11:56

□□: 18.53 km/h

□□□□□/□□□: 83 (of 160)

□□□□□/□: 81 (of 154)

□□□□□□: 3:00:41

□□□□□: 29(of 69)

□□□□□□□: 3:27:16

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.30	34:47	21.22	31	7:26	81	8:32	12.30	34:47	21.22	17	1:09	95	
□□ 2	13.40	36:41	21.92	24	5:03	71	7:39	25.70	1:11:28	21.58	17		95	
□□ 3	25.50	1:34:42	16.16	44	26:29	112	55:22	51.20	2:46:10	18.49	59		82	49:40
□□ 4	13.40	39:09	20.54	17	5:48	51	9:00	64.60	3:25:19	18.88	59		81	58:40
□□□ □□	13.20	46:37	16.99	18	6:16	53	14:57	77.80	4:11:56	18.53	38	2:27:50	102	2:30:32