



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

□□□□

Phillips, Rafe

□□: Hamburg

□□: 484

□□: 77.80 km

Marathon Mitteldistanz

□□□□:

Herren

□□□: 5:17:44

□□: 14.69 km/h

□□□□□/□□□: 129 (of 160)

□□□□□/□: 125 (of 154)

□□□□□□: 3:00:41

□□□□□: 72(of 85)

□□□□□□□: 3:00:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	12.30	40:35	18.18	75	14:20	125	14:20	12.30	40:35	18.18	24	6:20	139	2:58
□□ 2	13.40	48:05	16.72	80	19:03	141	19:03	25.70	1:28:40	17.39	24	18:39	139	11:14
□□ 3	25.50	1:46:24	14.38	75	1:07:04	124	1:07:04	51.20	3:15:04	15.75	22	42:23	126	1:18:34
□□ 4	13.40	56:11	14.31	75	26:02	127	26:02	64.60	4:11:15	15.43	22	56:40	125	1:44:36
□□□ □□	13.20	1:06:29	11.91	80	34:49	141	34:49	77.80	5:17:44	14.69	84	3:36:20	146	3:36:20