



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

□□□□

Bzdok, Stefan

□□: MTB Team Harzblut Goslar
 □□: 17

□□: 116.70 km
 Marathon Langdistanz

□□□□:
 Senioren

□□□: 6:14:31

□□: 18.70 km/h

□□□□□/□□□: 28 (of 43)

□□□□□/□: 28 (of 42)

□□□□□□: 4:43:55

□□□□□: 10(of 19)

□□□□□□□: 4:44:17

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| □□ 1 | 12.30 | 34:45 | 21.24 | 14 | 8:27 | 32 | 8:27 | 12.30 | 34:45 | 21.24 | 9 | 1:23 | 14 | |
| □□ 2 | 13.40 | 38:32 | 20.87 | 14 | 9:20 | 34 | 9:24 | 25.70 | 1:13:17 | 21.04 | 6 | 4:30 | 14 | 3:18 |
| □□ 3 | 25.50 | 1:23:48 | 18.26 | 12 | 21:42 | 31 | 21:42 | 51.20 | 2:37:05 | 19.56 | 9 | 6:30 | 13 | 6:23 |
| □□ 4 | 13.40 | 40:20 | 19.93 | 10 | 10:00 | 29 | 11:10 | 64.60 | 3:17:25 | 19.63 | 9 | 7:27 | 13 | 9:11 |
| □□ 5 | 25.50 | 1:26:00 | 17.79 | 10 | 19:15 | 27 | 19:15 | 90.10 | 4:43:25 | 19.07 | 9 | 9:10 | 11 | 9:19 |
| □□ 6 | 13.40 | 41:57 | 19.17 | 9 | 9:23 | 24 | 9:23 | 103.50 | 5:25:22 | 19.09 | 9 | 10:18 | 11 | 7:19 |
| □□□ □□ | 13.20 | 49:09 | 16.11 | 10 | 13:18 | 26 | 13:39 | 116.70 | 6:14:31 | 18.70 | 12 | 4:00:24 | 35 | 4:34:44 |