



# 11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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Jakob, Udo

□□: Ahnatal  
□□: 43

□□: 116.70 km  
Marathon Langdistanz

□□□□:  
Senioren

□□□: 6:32:21

□□: 17.74 km/h

□□□□□/□□□: 33 (of 43)

□□□□□/□: 33 (of 42)

□□□□□□: 4:43:55

□□□□□: 15(of 19)

□□□□□□□: 4:44:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.30	36:37	19.66	18	10:19	40	10:19	12.30	36:37	19.66	4	3:15	19	1:01
□□ 2	13.40	38:51	20.08	16	9:39	36	9:43	25.70	1:15:28	19.88	4	6:41	19	5:29
□□ 3	25.50	1:25:44	17.50	14	23:38	34	23:38	51.20	2:41:12	18.98	4	10:37	18	10:30
□□ 4	13.40	41:42	18.71	17	11:22	36	12:32	64.60	3:22:54	18.93	3	12:56	18	14:40
□□ 5	25.50	1:31:33	16.38	12	24:48	30	24:48	90.10	4:54:27	18.34	3	20:12	16	20:21
□□ 6	13.40	44:20	17.59	14	11:46	32	11:46	103.50	5:38:47	18.24	4	23:43	16	20:44
□□□ □□	13.20	53:34	14.56	16	17:43	37	18:04	116.70	6:32:21	17.74	17	4:18:14	40	4:52:34