



11. Harzer MTB-Event

Altenau (Oberharz) / 30.05.2010

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Lange, Dirk

□□: Neuhof

□□: 25

□□: 116.70 km

Marathon Langdistanz

□□□□:

Senioren

□□□: 6:33:59

□□: 17.67 km/h

□□□□□/□□□: 34 (of 43)

□□□□□/□: 34 (of 42)

□□□□□□: 4:43:55

□□□□□: 16(of 19)

□□□□□□□: 4:44:17

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	12.30	35:12	20.45	16	8:54	34	8:54	12.30	35:12	20.45	2	1:50	21	
□□ 2	13.40	40:01	19.49	18	10:49	39	10:53	25.70	1:15:13	19.94	2	6:26	21	5:14
□□ 3	25.50	1:26:02	17.44	16	23:56	36	23:56	51.20	2:41:15	18.98	2	10:40	20	10:33
□□ 4	13.40	40:59	19.03	14	10:39	33	11:49	64.60	3:22:14	18.99	2	12:16	20	14:00
□□ 5	25.50	1:35:33	15.70	17	28:48	35	28:48	90.10	4:57:47	18.13	2	23:32	18	23:41
□□ 6	13.40	45:00	17.33	15	12:26	33	12:26	103.50	5:42:47	18.03	2	27:43	18	24:44
□□□ □□	13.20	51:12	15.23	14	15:21	32	15:42	116.70	6:33:59	17.67	18	4:19:52	41	4:54:12