



5. SCHAEFERWERK Mountainbike-Cup

Dassel / 30.05.2010

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Köhler, Ira

□□□: 3:13:36

□□: Emmerthal

□□: 12.71 km/h

□□: 52

□□: 41.16 km

□□□□□/□□□: 66 (of 74)

Langdistanz

□□□□□/□: 2 (of 4)

□□□□□□: 2:29:41

□□□□:

□□□□□: 1(of 1)

Seniorinnen I

□□□□□□□: 3:13:36

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	6.87	33:09	10.86	1	-	2	6:18	6.87	33:09	10.86	1	-	3	
□□ 2	10.29	47:01	12.76	1	-	2	10:32	17.16	1:20:10	12.72	1	-	3	
□□ 3	10.29	49:19	12.17	1	-	2	10:22	27.45	2:09:29	12.51	1	-	2	27:12
□□ 4	10.29	51:47	11.59	1	-	2	12:46	37.74	3:01:16	12.25	1	-	2	39:58
□□□ □□	3.42	12:20	14.59	1	-	2	3:57	41.16	3:13:36	12.71	1	-	3	1:05:35