



5. Walking-Day am Möhnesee
Möhnesee-Körbecke / 05.06.2010

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Lohrmann, Lothar

□□□: 2:23:31

□□: Nordic-Fitness Bochum

□□: 6.69 km/h

□□: 116

□□□□□□: 262

□□: 16.60 km

□□□□: 19.93

Bau-Wapelhorst-Lauf (Nordic Walking)

□□□□: 142 □