

Löwe, Frank

□: Walschleben□: 11.39 km/h□: 42□: 5:16 min/km

☐: 14.00 km ☐☐☐☐☐: 90 (of 252)

Hauptlauf ☐☐☐☐☐☐: 87 (of 198)

□□□□: 52:16
□□□□: 25(of 50)
Männer M45
□□□□: 59:10

	km		min/km	-	-			km		min/km	-	-		
Posten	8.30	43:17	5:12	24	8:27	86	12:31	8.30	43:17	5:12	14		87	12:31
	5.70	30:29	5:20	28	6:20	94	8:59	14.00	1:13:46	5:16	25	14:36	87	21:30