



Kühnelt, Mark A.

□□: Erfurt
□□: 5

□□: 14.00 km Hauptlauf

Männer M45

□□□: 1:21:39

□□: 10.29 km/h

|||||: 5:50 min/km

_______: 146 (of 252) _________: 135 (of 198)

[][][]: 52:16

□□□□: 38(of 50)

____: 59:10

	km		min/km	-	-			km		min/km	-	-		
Posten	8.30	48:02	5:47	37	13:12	133	17:16	8.30	48:02	5:47	1	-	135	17:16
	5.70	33:37	5:53	37	9:28	136	12:07	14.00	1:21:39	5:49	39	22:29	136	29:23