



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

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rennstall liebeträu

□□□: 16:58:22

□□: 30

□□: - km/h
□□□□: 5:56 min/km

Enduro E Bike

□□□□□: 208 (of 217)

□□□□□□: 10:07:32

□□□□:

□□□□□: 62(of 66)

Mixstaffel

□□□□□□□: 11:43:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:16:20	4:26	11	8:48	48	14:55	17.20	1:16:20	4:26	29		218	14:33
Schildwiese	20.10	1:45:12	5:14	49	32:05	170	40:57	37.30	3:01:32	4:52	29	15:41	218	52:16
Neuhaus/ Gewerl	15.50	2:09:01	8:19	66	1:04:20	216	1:08:38	52.80	5:10:33	5:52	29	48:30	218	1:59:44
Triniusstein	21.60	2:15:32	6:16	62	56:55	207	1:01:28	74.40	7:26:05	5:59	29	56:28	218	2:59:28
Allzunah	15.00	1:26:09	5:44	57	27:43	198	37:51	89.40	8:52:14	5:57	29	56:36	218	3:37:19
Grenzadler	19.80	1:54:20	5:46	52	40:17	187	45:05	109.20	10:46:34	5:55	29	47:35	218	4:17:04
Nesselberg	13.80	1:22:16	5:57	46	22:08	177	33:38	123.00	12:08:50	5:55	29	53:57	218	4:50:22
Kleiner Inselsber	13.90	1:17:30	5:34	31	21:39	141	26:18	136.90	13:26:20	5:53	29	50:19	218	5:16:40
Hohe Sonne	19.70	1:47:10	5:26	50	34:33	173	41:26	156.60	15:13:30	5:50	29	1:02:16	218	5:55:26
Hörschel	14.70	1:44:52	7:08	64	41:58	213	55:24	-	16:58:22	-	62	5:14:34	208	6:50:50