



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

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Bundeswehr Laufteam 131

□□□: 12:34:23

□□: 221

□□: - km/h
□□□□: 4:24 min/km

Enduro E Bike

□□□□□: 18 (of 217)

□□□□□□: 10:07:32

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□□□□□: 15(of 139)

Männerstaffel

□□□□□□□: 10:07:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Grumbach	17.20	1:09:36	4:02	13	8:11	15	8:11	17.20	1:09:36	4:02	15	7:49	23	7:49
Schildwiese	20.10	1:24:52	4:13	32	20:37	44	20:37	37.30	2:34:28	4:08	15	25:12	23	25:12
Neuhaus/ Gewerl	15.50	1:11:11	4:35	20	10:48	23	10:48	52.80	3:45:39	4:16	15	34:50	23	34:50
Triniusstein	21.60	1:39:22	4:36	45	25:18	62	25:18	74.40	5:25:01	4:22	15	58:24	23	58:24
Allzunah	15.00	58:41	3:54	9	10:23	10	10:23	89.40	6:23:42	4:17	15	1:08:47	23	1:08:47
Grenzadler	19.80	1:29:04	4:29	24	19:49	38	19:49	109.20	7:52:46	4:19	15	1:23:16	23	1:23:16
Nesselberg	13.80	53:13	3:51	10	4:35	10	4:35	123.00	8:45:59	4:16	15	1:27:31	23	1:27:31
Kleiner Inselsber	13.90	1:01:53	4:27	22	10:41	23	10:41	136.90	9:47:52	4:17	15	1:38:12	23	1:38:12
Hohe Sonne	19.70	1:34:39	4:48	73	28:55	98	28:55	156.60	11:22:31	4:21	15	2:04:27	23	2:04:27
Hörschel	14.70	1:11:52	4:53	48	22:24	60	22:24	-	12:34:23	-	15	2:26:51	18	2:26:51