



# 12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

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FPL-Team Schmeheim & Freunde

□□□: 13:41:02

□□: 130

□□: - km/h  
□□□□: 4:47 min/km

Enduro E Bike

□□□□□: 48 (of 217)

□□□□□□: 10:07:32

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□□□□□: 39(of 139)

Männerstaffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Grumbach	17.20	1:30:40	5:16	117	29:15	167	29:15	17.20	1:30:40	5:16	39	28:53	64	28:53
Schildwiese	20.10	1:21:19	4:02	18	17:04	27	17:04	37.30	2:51:59	4:36	39	42:43	64	42:43
Neuhaus/ Gewerl	15.50	1:30:03	5:48	102	29:40	138	29:40	52.80	4:22:02	4:57	39	1:11:13	64	1:11:13
Triniusstein	21.60	1:37:26	4:30	34	23:22	47	23:22	74.40	5:59:28	4:49	39	1:32:51	64	1:32:51
Allzunah	15.00	1:15:04	5:00	98	26:46	130	26:46	89.40	7:14:32	4:51	39	1:59:37	64	1:59:37
Grenzadler	19.80	1:30:37	4:34	28	21:22	43	21:22	109.20	8:45:09	4:48	39	2:15:39	64	2:15:39
Nesselberg	13.80	1:08:05	4:56	63	19:27	71	19:27	123.00	9:53:14	4:49	39	2:34:46	64	2:34:46
Kleiner Inselsber	13.90	1:12:39	5:13	79	21:27	97	21:27	136.90	11:05:53	4:51	39	2:56:13	64	2:56:13
Hohe Sonne	19.70	1:26:12	4:22	26	20:28	38	20:28	156.60	12:32:05	4:48	39	3:14:01	64	3:14:01
Hörschel	14.70	1:08:57	4:41	33	19:29	40	19:29	-	13:41:02	-	39	3:33:30	48	3:33:30