



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

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Team Schiller Staffel

□□□: 13:43:39

□□: 123

□□: 12.46 km/h

□□□□: 4:49 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 50 (of 217)

□□□□□□: 10:07:32

□□□□:

□□□□□: 41(of 139)

Männerstaffel

□□□□□□□: 10:07:32

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.20	1:18:47	4:34	51	17:22	67	17:22	17.20	1:18:47	4:34	41	17:00	67	17:00
Schildwiese	20.10	1:26:12	4:17	37	21:57	50	21:57	37.30	2:44:59	4:25	41	35:43	67	35:43
Neuhaus/ Gewerl	15.50	1:27:57	5:40	91	27:34	122	27:34	52.80	4:12:56	4:47	41	1:02:07	67	1:02:07
Triniusstein	21.60	1:39:12	4:35	43	25:08	59	25:08	74.40	5:52:08	4:43	41	1:25:31	67	1:25:31
Allzunah	15.00	1:03:48	4:15	29	15:30	31	15:30	89.40	6:55:56	4:39	41	1:41:01	67	1:41:01
Grenzadler	19.80	1:35:11	4:48	46	25:56	72	25:56	109.20	8:31:07	4:40	41	2:01:37	67	2:01:37
Nesselberg	13.80	1:09:58	5:04	72	21:20	83	21:20	123.00	9:41:05	4:43	41	2:22:37	67	2:22:37
Kleiner Inselsber	13.90	1:11:27	5:08	70	20:15	82	20:15	136.90	10:52:32	4:45	41	2:42:52	67	2:42:52
Hohe Sonne	19.70	1:33:31	4:44	67	27:47	88	27:47	156.60	12:26:03	4:45	41	3:07:59	67	3:07:59
Hörschel	14.70	1:17:36	5:16	82	28:08	102	28:08	171.30	13:43:39	4:48	41	3:36:07	50	3:36:07