



12. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 19.06.2010

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Narrenstaffel I

□□□: 13:44:06

□□: 117

□□: 12.45 km/h

□□□□: 4:49 min/km

□□: 171.30 km

Blankenstein-Hörschel

□□□□□: 52 (of 217)

□□□□□□: 10:07:32

□□□□:

□□□□□: 43(of 139)

Männerstaffel

□□□□□□□: 10:07:32

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	
Grumbach	17.20	1:11:55	4:10	22	10:30	26	10:30	17.20	1:11:55	4:10	43	10:08	69	10:08
Schildwiese	20.10	1:20:03	3:58	11	15:48	17	15:48	37.30	2:31:58	4:04	43	22:42	69	22:42
Neuhaus/ Gewerl	15.50	1:26:30	5:34	85	26:07	109	26:07	52.80	3:58:28	4:30	43	47:39	69	47:39
Triniusstein	21.60	1:40:55	4:40	52	26:51	71	26:51	74.40	5:39:23	4:33	43	1:12:46	69	1:12:46
Allzunah	15.00	1:12:13	4:48	76	23:55	97	23:55	89.40	6:51:36	4:36	43	1:36:41	69	1:36:41
Grenzadler	19.80	1:41:43	5:08	91	32:28	134	32:28	109.20	8:33:19	4:42	43	2:03:49	69	2:03:49
Nesselberg	13.80	1:14:54	5:25	110	26:16	141	26:16	123.00	9:48:13	4:46	43	2:29:45	69	2:29:45
Kleiner Inselsber	13.90	1:13:59	5:19	84	22:47	103	22:47	136.90	11:02:12	4:50	43	2:52:32	69	2:52:32
Hohe Sonne	19.70	1:32:40	4:42	61	26:56	81	26:56	156.60	12:34:52	4:49	43	3:16:48	69	3:16:48
Hörschel	14.70	1:09:14	4:42	37	19:46	44	19:46	171.30	13:44:06	4:48	43	3:36:34	52	3:36:34