



6. LSF-Walking-Day  
Münster / 19.06.2010

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rehms-westerfeld, helga

□□: wt-soest

□□: 144

□□: 10.00 km

10 km Nordic Walking

□□□: 1:30:15

□□: 6.65 km/h

□□□□□□: 69

□□□□: 11.04

□□□□: 73 □