



6. LSF-Walking-Day  
Münster / 19.06.2010

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Olk, Hartmut

□□: Koronarsportverein Distel-Walker

□□: 320

□□: 20.00 km

20 km Nordic Walking

□□□: 2:21:25

□□: 8.49 km/h

□□□□□□: 135

□□□□: 22.03

□□□□: 187 □