



6. LSF-Walking-Day
Münster / 19.06.2010

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Beinborn, Stefan

□□: LG Halver-Schalksmühle

□□: 329

□□: 20.00 km

20 km Nordic Walking

□□□: 2:24:26

□□: 8.31 km/h

□□□□□□: 135

□□□□: 22.03

□□□□: 183 □