



6. LSF-Walking-Day
Münster / 19.06.2010

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Roeser, Walburga

□□: Marathon Steinfurt

□□: 398

□□: 20.00 km

20 km Nordic Walking

□□□: 2:33:59

□□: 7.79 km/h

□□□□□□: 135

□□□□: 22.03

□□□□: 172 □