



6. LSF-Walking-Day
Münster / 19.06.2010

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Lynker, Michael

□□: LG Halver-Schalksmühle

□□: 331

□□: 20.00 km

20 km Nordic Walking

□□□: 2:39:37

□□: 7.52 km/h

□□□□□□: 135

□□□□: 22.03

□□□□: 166 □