



6. LSF-Walking-Day  
Münster / 19.06.2010

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Gnaß, Christian

□□: Koronarsportverein Distel-Walker

□□: 19

□□: 5.00 km

5 km Nordic Walking

□□□: 44:03

□□: 6.81 km/h

□□□□□□: 36

□□□□: 5.54

□□□□: 38 □