



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

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Breitwieser, Roman

□□□: 11:57:23

□□: Fronius International GmbH/Team Sprengkommando

□□□□: 18.28 km/h

□□: 87

□□□□: 7:11 min/km

□□: 99.83 km

□□□□□/□□□: 57 (of 212)

Thüringen Ultra

□□□□□/□: 51 (of 185)

□□□□□□: 8:36:39

□□□□:

□□□□□: 6(of 11)

Männer M30

□□□□□□□: 8:36:39

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Ruhlaer Skihütte	23.96	2:14:19	5:36	4	16:31	21	18:20	23.96	2:14:19	5:36	7	16:31	60		
Floh-Seligenthal	26.92	2:44:15	6:06	8	34:41	46	34:41	50.88	4:58:34	5:52	7	51:12	60		
Finsterbergen	24.12	3:19:05	8:15	7	1:06:36	74	1:09:29	75.00	8:17:39	6:38	6	1:57:48	53	1:57:48	
Fröttstädt	24.83	3:39:44	8:50	7	1:22:56	72	2:27:14	99.83	11:57:23	7:11	6	3:20:44	55	6:07:47	