



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

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Petermann, Hans-Joachim

□□: LG Friedrichroda

□□: 97

□□: 99.83 km

Thüringen Ultra

□□□□:

Männer M50

□□□: 12:16:47

□□: 8.06 km/h

□□□□: 7:23 min/km

□□□□□/□□□: 68 (of 212)

□□□□□/□: 60 (of 185)

□□□□□□: 8:36:39

□□□□□: 13(of 37)

□□□□□□□: 9:05:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Ruhlaer Skihütte	23.96	2:21:55	5:55	8	25:56	33	25:56	23.96	2:21:55	5:55	34	-	70	
Floh-Seligenthal	26.92	2:48:10	6:14	13	36:52	54	38:36	50.88	5:10:05	6:05	34	-	70	
Finsterbergen	24.12	3:28:38	8:38	20	1:06:04	93	1:19:02	75.00	8:38:43	6:54	31	-	63	2:18:52
Fröttstädt	24.83	3:38:04	8:46	13	1:13:31	70	2:25:34	99.83	12:16:47	7:22	13	3:11:04	64	6:27:11