



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

0000

Olbrisch, Wolfgang

00: Kartuschen-Papst Köln-Ostheim
00: 106

00: 99.83 km
Thüringen Ultra

0000:
Männer M45

000: 14:26:35

00: 6.85 km/h
0000: 8:41 min/km

00000/000: 139 (of 212)

00000/0: 126 (of 185)

000000: 8:36:39

00000: 35(of 54)

0000000: 10:20:33

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Ruhlaer Skihütte	23.96	2:49:01	7:03	33	37:40	104	53:02	23.96	2:49:01	7:03	1	-	142	
Floh-Seligenthal	26.92	3:24:56	7:36	40	57:26	137	1:15:22	50.88	6:13:57	7:20	1	-	142	2:58
Finsterbergen	24.12	4:09:37	10:20	40	2:00:01	144	2:00:01	75.00	10:23:34	8:18	13		132	4:03:43
Fröttstädt	24.83	4:03:01	9:47	33	2:50:31	106	2:50:31	99.83	14:26:35	8:40	37	7:03:06	130	8:36:59