



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

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Zietlow, Brigitte

00: Dietzenbach

00: 131

00: 99.83 km

Thüringen Ultra

0000:

Frauen W60

000: 15:37:33

00: 6.34 km/h

0000: 9:23 min/km

00000/000: 159 (of 212)

00000/0: 18 (of 27)

000000: 10:18:40

00000: 1(of 2)

0000000: 15:37:33

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ruhlaer Skihütte	23.96	3:23:15	8:28	1	-	22	1:07:57	23.96	3:23:15	8:28	1	-	9	33:38
Floh-Seligenthal	26.92	3:50:52	8:34	1	-	20	1:17:11	50.88	7:14:07	8:31	1	-	9	52:14
Finsterbergen	24.12	4:07:40	10:16	1	-	17	1:37:27	75.00	11:21:47	9:05	1	-	7	1:38:31
Fröttstädt	24.83	4:15:46	10:18	1	-	14	1:31:55	99.83	15:37:33	9:23	1	-	18	5:18:53