



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

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Kaminsky, Peter

00: LG Emsdetten

00: 78

00: 99.83 km

Thüringen Ultra

0000:

Männer M30

000: 9:28:32

00: 10.54 km/h

0000: 5:42 min/km

00000/000: 6 (of 212)

00000/0: 6 (of 185)

000000: 8:36:39

00000: 2(of 11)

0000000: 8:36:39

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Ruhlaer Skihütte	23.96	2:07:57	5:20	2	10:09	8	11:58	23.96	2:07:57	5:20	2	10:09	9	
Floh-Seligenthal	26.92	2:16:49	5:04	2	7:15	5	7:15	50.88	4:24:46	5:12	2	17:24	9	
Finsterbergen	24.12	2:29:11	6:11	2	16:42	8	19:35	75.00	6:53:57	5:31	2	34:06	6	34:06
Fröttstädt	24.83	2:34:35	6:13	2	17:47	9	1:22:05	99.83	9:28:32	5:41	2	51:53	10	3:38:56