



# 7. Breitunger Pleßlauf

Breitungen / 22.08.2010

0000

Kuhn, Ines

00: Laufftreff Bad Salzungen

00: 302

00: 21.10 km

Halbmarathon

0000:

Frauen W40

000: 2:00:42

00: 10.49 km/h

0000: 5:43 min/km

00000/000: 54 (of 88)

00000/0: 4 (of 9)

000000: 1:43:50

00000: 1(of 4)

0000000: 2:00:42

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| 000       | 00    | 00      | 00     | 00 | 00 | 00 | 00    | 000   | 000     | 000    | 00 | 00 | 00 | 00    |
|-----------|-------|---------|--------|----|----|----|-------|-------|---------|--------|----|----|----|-------|
|           | km    | 00      | min/km | -  | -  | 0  | 0     | km    | 00      | min/km | -  | -  | 0  | 0     |
| Pleß      | 13.00 | 1:20:57 | 6:13   | 1  | -  | 4  | 10:20 | 13.00 | 1:20:57 | 6:13   | 1  | -  | 4  | 10:20 |
| Festplatz | 8.10  | 39:45   | 4:54   | 1  | -  | 4  | 6:32  | 21.10 | 2:00:42 | 5:43   | 1  | -  | 4  | 16:52 |