



2. Schiller-Staffellauf 2010

Rudolstadt / 28.08.2010

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Flinke Hirsche Friedrichroda

□□□: 8:52:06

□□: 24

□□: 11.39 km/h

□□□□: 5:15 min/km

□□: 101.30 km

Schiller-Staffel

□□□□□: 11 (of 32)

□□□□□□: 6:55:23

□□□□:

□□□□□: 10(of 25)

Männer

□□□□□□□: 6:55:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.10	1:33:22	5:27	13	18:00	15	18:00	17.10	1:33:22	5:27	17	1:12	23	
Maua	22.50	1:49:44	4:52	11	15:46	12	15:46	39.60	3:23:06	5:07	17	15:34	23	1:52
Magdala	13.50	1:07:44	5:01	6	12:59	7	14:30	53.10	4:30:50	5:06	17	9:50	23	
Belvedere	11.00	1:12:14	6:33	23	31:05	30	31:05	64.10	5:43:04	5:21	17	19:09	23	6:52
Blankenhain	13.30	1:06:37	5:00	4	12:09	4	12:09	77.40	6:49:41	5:17	17	11:51	23	
Luisenturm	14.00	1:09:32	4:58	12	13:54	13	13:54	91.40	7:59:13	5:14	17		23	
Rudolstadt	9.90	52:53	5:20	9	12:50	10	12:50	101.30	8:52:06	5:15	10	1:56:43	11	1:56:43