



2. Schiller-Staffellauf 2010

Rudolstadt / 28.08.2010

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Friedrichrodaer Sonntagsläufer

□□□: 9:36:50

□□: 9

□□: 10.51 km/h

□□□□: 5:41 min/km

□□: 101.30 km

Schiller-Staffel

□□□□□: 21 (of 32)

□□□□□□: 6:55:23

□□□□:

□□□□□: 3(of 5)

Mixed

□□□□□□□: 8:47:11

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Schauenforst	17.10	1:33:32	5:28	2	11:00	16	18:10	17.10	1:33:32	5:28	3	11:00	13	
Maua	22.50	1:56:01	5:09	2	14:39	19	22:03	39.60	3:29:33	5:17	3		13	8:19
Magdala	13.50	1:17:10	5:42	2	23:56	22	23:56	53.10	4:46:43	5:23	3	1:16	13	5:58
Belvedere	11.00	1:00:34	5:30	3	8:25	19	19:25	64.10	5:47:17	5:25	3	9:41	13	11:05
Blankenhain	13.30	1:24:52	6:22	2	5:21	21	30:24	77.40	7:12:09	5:35	3	15:02	13	6:26
Luisenturm	14.00	1:21:11	5:47	4	14:09	25	25:33	91.40	8:33:20	5:36	3	29:11	13	15:32
Rudolstadt	9.90	1:03:30	6:24	3	20:28	27	23:27	101.30	9:36:50	5:41	3	49:39	21	2:41:27