



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

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Fessner, Friedhelm

□□: Skiclub Warendorf

□□: 735

□□: 10.00 km

Volkslauf

□□□□:

Männer M55

□□□: 52:02

□□: 11.53 km/h

□□□□: 5:12 min/km

□□□□□/□□□: 70 (of 141)

□□□□□/□: 67 (of 105)

□□□□□□: 33:16

□□□□□: 6(of 10)

□□□□□□□: 47:34