



40. Brockenlauf 2010

Ilseburg / 04.09.2010

0000

Wolff, Silke

00: Garmisch-Partenkirchen

00: 44

00: 27.00 km

Brockenlauf

0000:

Frauen W45

000: 2:54:36

00: 9.28 km/h

0000: 6:28 min/km

00000/000: 319 (of 403)

00000/0: 27 (of 48)

000000: 2:13:18

00000: 8(of 13)

0000000: 2:21:29

0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Hermannsklippe | 9.00 | 1:05:41 | 7:17 | 9 | 14:20 | 29 | 15:08 | 9.00 | 1:05:41 | 7:17 | 8 | 13:51 | 3 | |
| Brocken | 3.00 | 33:19 | 11:06 | 7 | 8:19 | 26 | 8:19 | 12.00 | 1:39:00 | 8:15 | 8 | 22:10 | 3 | |
| 00 | 15.00 | 1:15:36 | 5:02 | 8 | 12:52 | 28 | 18:18 | 27.00 | 2:54:36 | 6:28 | 8 | 33:07 | 27 | 41:18 |