



Eggert, Katrin

□□: NSV Wernigerode

□□: 457

☐: 10.00 km llsesteinlauf

Frauen W40

□□□: 51:48

□□: 11.58 km/h

□□□□: 5:11 min/km

_____: 61 (of 135)

[][][]: 36:31

□□□□: 4(of 13)

____: 44:51

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	25:39	6:15	4	3:32	11	7:58	4.10	25:39	6:15	4	3:32	34	
□□ 1	1.60	7:54	4:56	4	1:22	11	2:18	5.70	33:33	5:53	4	4:54	34	
000 00	4.30	18:15	4:14	4	2:03	12	5:01	10.00	51:48	5:10	4	6:57	9	15:17