

2. Hexengrund-Triathlon Engerda Engerda / 11.09.2010



Kummer, Tobias

□□: 1883 Schwarza

□□: 49

□□: 38.00 km □□□□□/□□: 27 (of 67)

Hexengrund-Triathlon 0,5-30.0-7,5 □□□□□/□: 26 (of 59)

____: 1:34:07

TM 30 Control 1:49:13

	km		min/km	-	-			km		min/km	-	-		
Schwimmen	0.50	13:21	26:41	3	2:39	27	5:18	0.50	13:21	26:41	2	2:39	56	
Rad	30.00	1:09:15	2:18	3	3:34	33	12:42	30.50	1:22:36	2:42	2	6:13	55	
Lauf	7.50	37:52	5:02	3	5:02	23	8:21	38.00	2:00:28	3:10	2	11:15	26	26:21