



3. Via Solutions Wartburg Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 18.09.2010

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Alea-Sanitas - Powerteam mit Biss

□□□: 4:30:48

□□: Alea-Sanitas - Powerteam mit Biss

□□: 11.96 km/h

□□: 8

□□□□: 4:59 min/km

□□: 54.40 km

Lauf Männer

□□□□□: 12 (of 14)

□□□□□□: 3:24:36

□□□□:

□□□□□: 12(of 14)

Staffel

□□□□□□□: 3:24:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Pumpälzsteg	11.20	47:43	4:15	6	5:15	6	5:15	11.20	47:43	4:15	9	5:15	9	5:15
Hubertushaus	10.80	1:05:50	6:05	14	23:51	14	23:51	22.00	1:53:33	5:09	9	29:06	9	29:06
Wartburg	10.80	51:59	4:48	8	13:06	8	13:06	32.80	2:45:32	5:02	9	42:12	9	42:12
Hubertushaus	10.80	1:00:03	5:33	13	17:57	13	17:57	43.60	3:45:35	5:10	9	1:00:09	9	1:00:09
Ziel	10.80	45:13	4:11	8	7:10	8	7:10	54.40	4:30:48	4:58	12	1:06:12	12	1:06:12