



3. Via Solutions Wartburg Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 18.09.2010

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Alea-Sanitas - Powerteam mit Biss

□□□: 7:16:29

□□: Alea-Sanitas - Powerteam mit Biss

□□: 7.42 km/h

□□: 18

□□□□: 8:01 min/km

□□: 54.40 km

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Nordic Walking Frauen

□□□□□/□□□: 1 (of 3)

□□□□□□: 7:16:29

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□□□□□: 1(of 3)

Staffel

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	km	□□	min/km	-	-	□□□	□□□	km	□□	min/km	-	-	□□□	□□□
Pumpälzsteg	11.20	1:35:09	8:29	2	3:12	2	3:12	11.20	1:35:09	8:29	1	-	1	-
Hubertushaus	10.80	1:18:00	7:13	1	-	1	-	22.00	2:53:09	7:52	1	-	1	-
Wartburg	10.80	1:25:07	7:52	1	-	1	-	32.80	4:18:16	7:52	1	-	1	-
Hubertushaus	10.80	1:23:32	7:44	1	-	1	-	43.60	5:41:48	7:50	1	-	1	-
□□	10.80	1:34:41	8:46	3	6:42	3	6:42	54.40	7:16:29	8:01	1	-	1	-