



### 3. Via Solutions Wartburg Staffellauf

Vom Pumpälzsteg zur Wartburg und zurück / 18.09.2010

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Gasa, Carola

□□: SV Mihla

□□: 1009

□□: 54.40 km

Einzel Lauf

□□□□:

Frauen Lauf

□□□: 5:55:00

□□: 9.19 km/h

□□□□: 6:32 min/km

□□□□□/□□□: 3 (of 4)

□□□□□/□: 1 (of 1)

□□□□□□: 5:55:00

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
Pumpälzsteg	11.20	1:01:00	5:26	1	-	1	-	11.20	1:01:00	5:26	1	-	1	-
Hubertushaus	10.80	1:08:22	6:19	1	-	1	-	22.00	2:09:22	5:52	1	-	1	-
Wartburg	10.80	1:12:27	6:42	1	-	1	-	32.80	3:21:49	6:09	1	-	1	-
Hubertushaus	10.80	1:23:58	7:46	1	-	1	-	43.60	4:45:47	6:33	1	-	1	-
□□	10.80	1:09:13	6:24	1	-	1	-	54.40	5:55:00	6:31	1	-	1	-