



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Diederichs, Martin

□□□: 2:28:52

□□: SG Stern Kassel

□□: 21.76 km/h

□□: 119

□□: 54.00 km

□□□□□/□□□: 13 (of 200)

Marathonstrecke

□□□□□/□: 13 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 1(of 80)

Master 1

□□□□□□□: 2:28:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	53:16	20.28	2	1:19	14	7:47	18.00	53:16	20.28	71	-	13	7:43
Bilstein	21.00	58:29	21.54	1	-	10	8:27	39.00	1:51:45	20.94	71	-	13	16:10
Thomasmühle	7.00	14:06	29.79	1	-	16	2:12	46.00	2:05:51	21.93	71	-	13	18:22
□□	8.00	23:01	20.85	1	-	11	3:50	54.00	2:28:52	21.76	1	-	13	22:12