



7. Bilstein Bike Marathon
Großalmerode / 19.09.2010

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Metje, Michael

□□: mmm-bikes.com

□□: 187

□□: 54.00 km

Marathonstrecke

□□□□:

Herren

□□□: 2:47:52

□□: 19.30 km/h

□□□□□/□□□: 29 (of 200)

□□□□□/□: 28 (of 190)

□□□□□□: 2:06:40

□□□□□: 9 (of 48)

□□□□□□□: 2:06:40

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:00:25	17.88	12	14:52	40	14:56	18.00	1:00:25	17.88	33	-	29	14:52
Bilstein	21.00	1:07:34	18.65	8	17:32	30	17:32	39.00	2:07:59	18.28	33	-	28	32:24
Thomasmühle	7.00	14:07	29.75	4	2:13	17	2:13	46.00	2:22:06	19.42	33	-	28	34:37
□□	8.00	25:46	18.63	5	6:35	22	6:35	54.00	2:47:52	19.30	9	41:12	29	41:12