



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Leu, Stephan

□□: LG Kaufungen

□□: 112

□□: 54.00 km

Marathonstrecke

□□□□:

Master 1

□□□: 2:52:52

□□: 18.74 km/h

□□□□□/□□□: 36 (of 200)

□□□□□/□: 34 (of 190)

□□□□□□: 2:06:40

□□□□□: 8(of 80)

□□□□□□□: 2:28:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:00:47	17.77	12	8:50	43	15:18	18.00	1:00:47	17.77	53		35	15:14
Bilstein	21.00	1:07:33	18.65	7	9:04	29	17:31	39.00	2:08:20	18.23	54		34	32:45
Thomasmühle	7.00	14:54	28.19	6	0:48	29	3:00	46.00	2:23:14	19.27	54		34	35:45
□□	8.00	29:38	16.20	22	6:37	59	10:27	54.00	2:52:52	18.74	9	24:00	35	46:12