



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Schwarz, Horst

□□: MTB-Verein Zierenberg e. V.

□□: 171

□□: 54.00 km

Marathonstrecke

□□□□:

Master 2

□□□: 3:06:30

□□: 17.37 km/h

□□□□□/□□□: 77 (of 200)

□□□□□/□: 73 (of 190)

□□□□□□: 2:06:40

□□□□□: 3(of 22)

□□□□□□□: 2:53:12

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:07:31	16.00	6	7:11	90	22:02	18.00	1:07:31	16.00	21		73	21:58
Bilstein	21.00	1:14:14	16.97	3	4:26	73	24:12	39.00	2:21:45	16.51	21		72	46:10
Thomasmühle	7.00	15:35	26.95	2	0:56	53	3:41	46.00	2:37:20	17.54	21		72	49:51
□□	8.00	29:10	16.46	3	1:48	52	9:59	54.00	3:06:30	17.37	3	13:18	74	59:50