



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

□□□□

Schwarz, Horst

□□: MTB-Verein Zierenberg e. V.

□□: 171

□□: 54.00 km

Marathonstrecke

□□□□:

Master 2

□□□: 3:06:30

□□: 17.37 km/h

□□□□□/□□□: 77 (of 200)

□□□□□/□: 73 (of 190)

□□□□□□: 2:06:40

□□□□□: 3(of 22)

□□□□□□□: 2:53:12

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Vielarmiger Weg | 18.00 | 1:07:31 | 16.00 | 6 | 7:11 | 90 | 22:02 | 18.00 | 1:07:31 | 16.00 | 21 | | 73 | 21:58 |
| Bilstein | 21.00 | 1:14:14 | 16.97 | 3 | 4:26 | 73 | 24:12 | 39.00 | 2:21:45 | 16.51 | 21 | | 72 | 46:10 |
| Thomasmühle | 7.00 | 15:35 | 26.95 | 2 | 0:56 | 53 | 3:41 | 46.00 | 2:37:20 | 17.54 | 21 | | 72 | 49:51 |
| □□ | 8.00 | 29:10 | 16.46 | 3 | 1:48 | 52 | 9:59 | 54.00 | 3:06:30 | 17.37 | 3 | 13:18 | 74 | 59:50 |